

Sol Spring of Life

FEMTECH
ASSOCIATION
ASIA



Sol is an innovative app that offers comprehensive guidance on menopause and a community of trusted professionals and people affected by menopause. By combining expertise from multiple disciplines and lived experiences, Sol offers a tailored solution with an emphasis on individuality and evidence.

Services: Digital health solutions, Community Events, Corporate Education seminars, Strategic Partnerships

FOUNDED IN
2024

HEADQUARTERS
Singapore

MARKET PRESENCE
English-speaking countries in
Asia

CATEGORY

Mobile App, Online & Offline Community

FUNDING STAGE
Pre-seed

COMPANY MISSION

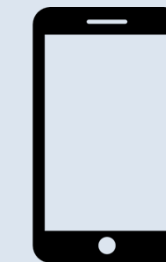
To improve the accessibility of menopause care and shift the perception of menopause for the opportunity of invention.

FOUNDER BIO

- Award-winning analyst voted Top 10 analyst in Asia by Financial Times
- Licensed Menopause Champion with Menopause Expert Group
- Integrative Nutrition Health Coach



Collaborated with key experts in Asia and globally to produce engaging, original content and make menopause care accessible.



Launching an innovative app with personalised solutions, community, and tracking features. Hosting a series of community events including a premier menopause conference in Asia connecting consumers, practitioners, and change makers.

Grace Oh
Founder